

THE PLOUGH

— AT SHENSTONE —



GLUTEN-FREE
FOOD
MENU

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STARTERS

Soup of the Day £5

Gluten-Free Bread

Gin and Beetroot Salmon Gravavlax £7

Horseradish Cream, Gluten-Free Bread

Sautéed Garlic and Chilli King Prawns £10

Gluten-Free Bread

Mediterranean Scallops £12

Toasted Chickpeas, Spiced
Pumpkin Purée, Yoghurt

Free Range Chicken and Apricot Terrine £6

Smoked Bacon Jam, Gluten-Free Bread

SHARING PLATTERS

Gluten-Free Bread, Olives, Oils (V) £6

Charcuterie Board £18

A selection of Cured Meats, Free Range Chicken
and Apricot Terrine, Sun-blushed Tomatoes,
Smoked Bacon Jam, Gluten-Free Bread

MAINS

Pan Seared Sea Bream £16

Parmentier Potatoes, Prawn Romesco Sauce

Fillet of Cod Red Thai Curry £18

Crayfish, Fragrant Rice

Russell's of Shenstone Faggots £11

Thrice Cooked Chips, Mushy Peas, Gravy

Pan Roasted Chicken Supreme £13

Cos Lettuce, Anchovies, Parmesan, Caesar Dressing

Half Roast Cajun Chicken £15

Skin on Fries, Greek Salad, Mint Yoghurt

**Free Range Packington
Gammon Steak** £13

Thrice Cooked Chips, Fried Hen's Egg,
Pineapple, Garden Peas

**Goats Cheese,
Hazelnut and Fig Salad** (V) £12

Mixed Leaves, Balsamic Pearls

100% Rump Steak Burger £13

Mature Cheddar, Skin on Fries,
Salad Garnish, Gluten-Free Bun

STEAKS

All of our Steaks are served with Thrice Cooked Chips, Mushrooms, Tomatoes and Pearl Onion Garnish

**Russell's of Shenstone
7oz Fillet Steak** £27

10oz Rib Eye Steak £25

10oz Sirloin Steak £22

Select a side of King Prawn Tails £8

Cooked in Chilli and Garlic Butter to
accompany your choice of Steak

Grill Sauces £3

Choose from: Peppercorn, Red Wine
and Stilton or Wild Mushroom

SIDES £3 each

Thrice Cooked Chips | Skin on Fries | Sweet Potato Fries | Cajun Spiced New Potatoes
French Peas | Seasonal Market Vegetables | Greek Salad | Mixed Baby Leaf Salad

We pride ourselves on using fresh, locally sourced produce, prepared to the highest standards.

Please allow a minimum of 25 minutes for your order to be served if not ordering a starter.

(V) Vegetarian. All items may contain allergens. Please make your server aware of any food allergies or dietary restrictions.
We cannot guarantee that all our dishes are free from bones or nuts.

An optional service charge of 10% will be added to parties of eight people or more.